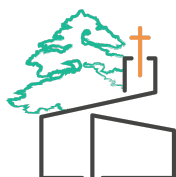


# LES CÈDRES

ÉCOLE CHRÉTIENNE DE LANGUE  
FRANÇAISE



## WELCOME TO THE NURSERY

### The guide for parents and their children

**We are happy to welcome your children to the nursery !**

The children of the students from 3 months to 3 years old are welcomed at the nursery of the Cedars centre. Nataliya and Mickaëla are in charge.



## Schedule of the nursery :

The nursery is open at the same hours as your classes.



## Nursery Schedule

### **Morning :**

Arrival between  
8:30 a.m - 8:40 a.m

Departure between  
11:15 a.m - 11:25  
a.m

### **Afternoon :**

Arrival between  
1:15 p.m - 1:25 p.m

Departure between  
4:00 p.m - 4:10 p.m

## Adaptation

During an appointment at your arrival, you accompany your child to meet us and exchange. It will be an opportunity to discover the space, the people, the games...

This is often the first time the child has been separated from his parents. We take into account this adjustment period, often different for each child.

# Our opening methods

A day course is set up to establish daily rituals in time and space.

Une journée type	
LUNDI / MARDI / JEUDI / VENDREDI	
8h30 - 8h40	Accueil progressif des enfants + Jeux libres
8h40 - 9h30	Temps de comptines + activités
9h30 - 10h	Goûter (compote de fruit, biscuits...)
10h - 11h	Activités d'éveils + change des enfants
11h - 11h15	Habiller les enfants (manteaux, chaussures...)
11h15 - 11h25	Départ des enfants
13h15 - 13h25	Arrivée progressive des enfants
13h25 - 15h	Sieste / temps calme (en fonction de leur rythme et de leurs besoins)
15h - 15h50	Jeux libres + activités + change des enfants
15h50 - 16h	Habiller les enfants (manteaux, chaussures...)
16h - 16h10	Départ des enfants

# Keychain of the child

Upon arrival, please provide:

- A spare outfit (socks, t-shirt, pants, bodysuit if necessary).
- Layers
- Wipes
- A tube of cream for diaper rash
- A bottle/ cup (depending on age): mark the child's name
- A snack (fruit, biscuit, yogurt, etc...) to give us every morning, or a reserve in an airtight container (there is a fridge in the nursery).
- A soft and/or pacifier if the child has one.

Your child's belongings are placed in a locker in his name.

# Your child at the nursery

We like to dialogue with you, parents and children. In order to follow daily life as closely as possible, we ask you to inform us if there are events that may affect the behavior of the child.

In turn, the day care worker will tell the parents how the child's day went. This implies mutual respect and recognition of each other's role.

# Good functioning at the nursery

In order not to disrupt the proper functioning of activities and the reception of children, it is recommended that :

- Not to interrupt the nap from 1:25 pm to 3 pm,
- To arrive at the end of the course (at 11:15 am and 4 pm) to discuss how the day went.

## **Breastfeeding the child at the nursery**

It is possible to take the course, even if you are breastfeeding your child. We call you when your baby is hungry. Your teacher will be notified. You can either stay in the nursery, or go to the dorm room.

We work with you to keep your children clean. As soon as they're ready, we talk about it together.

## **Activities**

We welcome groups of children of different ages, from different cultures. We adapt our activities according to the awakening and the desires of your children.

### **What kind of activities ?**

To meet the needs of autonomy of the child in his free play time, the staff of the nursery strives to create a varied and quality environment by the objects and the material offered.

Various corners of games are arranged to allow everyone to multiply his discoveries and stimulate his imagination (corner dinette, reading corner...). The staff is then available but few interveners.

Accompanied activities, based on play and adapted to the age of children, can be offered, motor skills course...).

We take into account the evolution of your child in the course of the various moments of daily life such as the snack, the change... We do not expect your children in terms of skills.

### **Varying between individual or collective time, we offer children various activities.**

- Varying between individual or collective time, we offer children various activities.
- Awakening activities: go down and up on the module/ develop motor skills/ learning letters and numbers...
- Creative activities: color/ paste/ painter...

Your children's awakening also involves learning language. We speak to them in French, sometimes with sign language words. In some cases, we can, if possible and necessary, speak in the child's mother tongue in order to facilitate his adaptation, resolve disputes.

## Dispute Management and Authority

In the nursery, the children are under the responsibility of the staff. In some cases, for the older ones, we sometimes do a short time of punishment. We dialogue with the child as much as possible. If it seems appropriate for us to inform you so that we can also talk to your child about this, we will do so.

## When your child is sick

When the child presents with unusual symptoms, the nursery staff determines whether the child can be admitted or ask the parents to pick up the child as soon as they can.

Thank you for reading this information.

We hope we have answered all of your questions, however, please feel free to contact us if needed :

[garderie@lescedres.com](mailto:garderie@lescedres.com)

## We look forward to meeting you !

**The team of the nursery**